



AUTUMN ADVENTURE

Home Activity: NO MESS PAINTING

Babies will take a long time to develop fine motors skills (finger skills) which will enable them to write and grasp small objects, but you can help them by creating fun new experiences for them.

To have a go at our No Mess Painting, you will need:

- a ziplock bag, A4 size
- Any baby safe / child's paint—just a small amount of a variety of colours
- Sheet of plain paper—any colour
- Glitter paint (optional)

How to create your painting

- Add a few blobs of paint—and glitter paint if you want (a reasonable amount of each colour) onto your paper in a random pattern
- Put the paper in the ziplock bag, being careful not to smudge the paint as you put it inside.
- Zip up the bag.
- Give to baby and let them push the paint around
- They can scrunch up the bag, or use hands and feet to move the paint around into a pattern.
- Once baby has made a pattern, you can take the paper out and leave to dry
- Et voila, once dry, you have baby's first masterpiece!
- You can even cut baby's picture into different shapes (e.g. hearts) and make a card for daddy, grandma etc