

Explanation of Baby Signs, Day at Home session

Fun : To sign *Fun*, hold your index finger and thumb under our chin and move round in a circle.

Play : To sign *Play*, hold up both of your hands at your sides move round in circles at the side of you.

Explore : To sign *Explore*, make two fingers into “claws”

Today : To sign *Today*, hold your palms out at waist height and move up and down.

Everyone : To sign *Everyone*, hold your palm out and bring your arm round in front of your body in an arc.

Home Sign : To sign *Home*, put one hand in front of you, and hold your palm face down, but in an arc shape.

Food : To sign *Food*, hold your fingers together with our thumb and place at the side of our mouth.

Drink : To sign *drink*, cup your hand as though holding a cup, put to mouth and tip up – as though drinking out of a cup

Good : To sign *Good*, make a “thumbs up” sign with one or both of your hands.

Bad : To sign *Bad*, hold your hand in a fist, and hold up your little finger. *Very bad* would mean holding up both hands in a fist with both little fingers held up.

Good Morning : To sign *Good Morning*, touch your hand on the top of your left shoulder, and then on the top of your right shoulder – like opening the curtains in the morning, drawing your hand across your shoulders.

Good Afternoon : To sign *Good Afternoon*, put up your thumb, then hold up your first two index fingers, with other fingers closed, touch

your fingers to your chin, and flick out towards the person you are greeting.

Hello : To sign *Hello*, bring your palm up in front of your and move outwards to the side of your body at about shoulder height. Hello is one movement – we don't move hands back and forwards.

Goodbye : To sign *Goodbye*, wave your hand above your head. This is higher than Hello and we move our hand back and forth.

Mummy : To sign *Mummy*, hold out one palm flat and with other hand, make the Brownie salute (hold thumb and pinky finger down together) - with three remaining fingers, tap on your outstretched palm.

Daddy : To sign Daddy, hold down last two fingers on each hand with your thumb and have index and middle fingers pointing up. Tap one set of fingers on the back of the other set of fingers.

Please : To sign *Please*, touch your fingers to your chin and then move out to the knees (i.e. move hand downwards. "Please to the knees")

Thank you : To sign *Thank You*, touch your fingers to your chin and then move out towards the person you are thanking (i.e. move hand outwards. "Thank you to you").