



DAY AT HOME SESSION – TINIES

Communicating with your Baby

Babies as young as 4 weeks can distinguish between similar syllables like "ma" and "na." As young as 2 months, they begin to associate certain sounds with certain lip movements.

Take special advantage of your baby's own "talking" to have a "conversation." If you hear your baby make a sound, repeat it and wait for him or her to make another. You are teaching your baby valuable lessons about tone, pacing, and taking turns when talking to someone else.

You are also sending the message that your baby is important enough to listen to. Don't interrupt or look away when your baby's "talking" — show you're interested and that your little one can trust you.

Research shows that the quantity of words spoken to an infant positively affects language development, so use proper words and talk, read, and sing to your baby, as well as repeating the sounds that your baby is making.



Look at Me, We're Going to Talk

– to the tune of This Old man

Learning Outcomes:

- Honing baby's listening skills
- Bonding activity
- Preparing baby for speech
- Helping baby to start to copy and form sounds and words
- Making learning about speech fun

Activity:

- Baby sitting or lying on floor in front of you – very important that they can see your face and your mouth
- Need your three letters – we are going to show them to baby as we sing our song in this order – P, then M, then B
- We're going to sign our song and you will make the "Puh", "Ma" and "buh" sounds, making sure baby can see your mouth – show baby the appropriate letter at the same time as singing
- These sounds are the easiest for baby to make when they are very young
- Sing song three times



To the tune of *This Old Man*

Look at me! We're going to talk

Puh, puh, puh, puh, puh, puh, puh

We start a sentence,

Then we stop

Puh, puh, puh, puh, puh, puh, puh.

Look at me! We're going to talk

Ma, ma, ma, ma, ma, ma, ma

We start a sentence,

Then we stop

Ma, ma, ma, ma, ma, ma, ma

Look at me! We're going to talk

Buh, Buh, buh, buh, buh, buh, buh

We start a sentence,

Then we stop

Buh, Buh, buh, buh, buh, buh, buh