



DAY AT HOME SESSION – TINIES

Sitting in my High Chair – Rainbow Songs, Oh Baby!

Props – drum - use hands to bang, or wiggle sticks

Learning Outcomes:

- Gross motor skills as baby moves arm in time to music
- Fine motor skills as baby holds the beater
- Actions songs – where you are doing something in addition to singing (in this case banging a drum) - promote the bond between baby and parent.
- Neuroscientists have hypothesised that ‘mirror neurons’ are stimulated when we see other people performing physical actions, this coupled with performing the actions with a parent also helps develop co-ordination.

Activity:

- Baby sitting on floor in front of you – facing you if can sit up, with back to your knees if not
- Show them the beater (if using one), how to hold it and what to do with it
- Give baby beater (whatever you are using) and if possible, also have one for yourself
- Hold baby’s wrist and encourage them so bang in time to the music – you do the same for some of the song so baby can copy you
- If not using beater, just hold baby’s wrist and encourage them to tap / bang to the rhythm.



Words to song:

Sitting in my high chair, high chair, my chair
Sitting in my high chair, banging with my spoon
Bring on the carrots, bring on the peas
Somebody feed this baby please!

Sitting in my high chair, high chair, my chair
Sitting in my high chair, banging with my spoon
Bring on the butter, bring on the bread
Somebody get this baby fed!

This way, thatta way, this way thatta way, this way thatta way
All day long
(repeat)

Strutting Miss Susie, Strutting Miss Susie, Strutting Miss Susie
All day long
Here comes another one, same as the other one
Here comes another one to sing my song
(Instrumental)