



DAY AT HOME SESSION – TINIES

Nature Walk – Bossy Frog Band

Learning Outcomes:

- Action songs promote social bonding, imitation, language and cognitive development which is probably why they are so popular with both babies and parents.
- Babies learn better when they use their whole body
- Actions songs promote the bond between baby and parent.
- Action songs help your baby to develop their co-ordination and rhythm.

Activity:

- We're going to go on a nature walk and have lots of actions for you to do.
- Have legs out in front of you - babies lying on your legs
- First action (walking through Nature) – roll baby's legs in a cycling motion
- Second action (jumping through Nature) – pick baby up and throw up into air – you decide how high and how far!
- Third action (tiptoe through Nature) – side to side and pop baby's feet one at a time on the floor
- Back to walk, sit baby on legs facing you and bounce up and down



Words to Song:

I'm walking through nature, 1, 2, 3
Won't you take a nature walk with me?
I'm walking through nature, in the green country
Won't you take a nature walk with me?
Walk through the forest, walk around the trees
Over a river, won't you take a walk with me?
Walk over a mountain, walk around a Bee
Won't you take a nature walk with me

Verse 2

Repeat using Jump instead of walk

Verse 3

Repeat using Tiptoe instead of walk

Verse 4 – repeat verse 1