



CHRISTMAS ADVENTURE – TINIES

Santa Visit Everyone - Sia

Learning Outcomes:

- Physical movement song which helps simulate the vestibular system for baby – encouraging neck and core muscle development
- Great baby-bonding activity
- Babies love being thrown about and will often shriek with glee!

Activity:

- Parents start off on floor with legs in front of them, knees lifted up and feet on ground
- Babies on calves
- Parents lift baby up on their legs – up and down to start with, then left and right
- The stand up and walk round with baby on your arm, “floating” back and forwards
- Then “flying” up into the air