



DAY AT HOME SESSION – TINIES

Natural Exploration Area

Our homes are filled with a whole host of materials that we can use to make a sensory exploration area for baby. Think of your house as a Treasure Box that your baby will delight in! You could even decide to create four separate sensory areas—one for each room; it's a good activity to do on a rainy day!

From the kitchen:

- Egg cups, bag clips, plastic / wooden utensils and cutlery (not sharp ones), pans, lids from jars, different textured tea towels, clean dish cloths, scourers, brillo pads, dusters, chamois leather, shoes, flip flops, storage boxes etc

From the bathroom

- Bottles, soaps, (make sure baby doesn't eat these!), sponges, toothbrush / nail brush, half full bottle of shower gel to baby can watch the gel move, bath scrunchie, nappies, flannels, bath mats (often great textures), bath toys, (squirters, stacking cups, coloured towels

From the bedroom

- Perfume bottles and lids, pillows / cushions, nail varnish bottles, make up in sparkly containers), hair clips, alarm clock, belts, night dress / PJs in different materials, soft toys, bags with zips, belts with buckles



From the lounge

- Cushions, cd cases, remote control, phone, books, magazines, coasters, candles

The list is endless! Remember to talk to your baby about the things you find for them to explore i.e. “This towel is red and very fluffy. Feel how soft it is....”