



Home Activity: Home-made shakers

You will need:

- A small plastic bottle with a screw-top lid. (A small drinks bottle works well, as does a 1-pint plastic milk carton as it has a small handle – which is good for tiny fingers.)
- Make sure the bottle is clean and dry before using.
- Dried peas, rice, lentils, pasta or similar.
- Electrical tape (or similar), or superglue.
- Stickers, sticky backed plastic (optional).



How to make your shaker:

- Fill your clean. Dry containers with whatever filling you want – from those listed above .
- Put on the lid and either glue on, or tape securely.
- Decorate with sparkly stickers etc (optional)
- You can make several shakers which are different shapes and have different fillings. Each filling / size will make a different noise, making it interesting for your child

