



How to make Wiggle Sticks

These are really easy to make and will take only a couple of minutes.

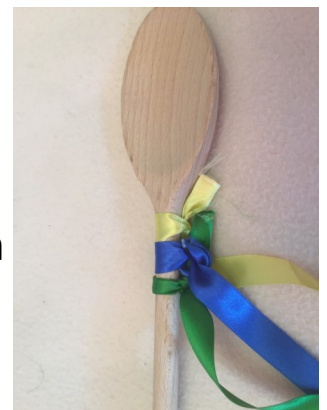
You will need:

- Wooden spoon – or any other wooden utensil from the kitchen.
- Strip of ribbon, approximately 50-60 cm long, or strips of material cut from an old t-shirt



To make your wiggle sticks:

- Get a wooden spoon from the kitchen
- Tie your strips of ribbon onto it.
- If you don't have ribbon, cut up an old t-shirt and tie on a couple of strips of fabric
- If you aren't planning on using your utensil again, you can stitch the ribbons / material on which will make them more secure
- If you have a couple of strips of ribbon, tie on both strips, preferably in different colours.



Now your sticks are ready to use!